Behavioral Health Support Groups – A Support Group is a gathering of people with similar situations who meet regularly to share their concerns and victories with others in the group.

Anonymous Support Groups
- Adult Children of Alcoholics in Knoxville 865-850-8792 (Phillip)
- Al-Anon/Alateen Family Group 865-525-9040 – www.tn-al-anon.org
- Dual Recovery Anonymous – www.draonline.org
- Overeaters Anonymous – www.smokymtnintergroup.oagroups.org

Alzheimer’s Support Group Maryville 865-984-1660 x 3000

Anger Management
- Women’s Anger Management - 865-246-1100 x100 – Court Certified
- Men’s Batterers Intervention Program - 865-246-1100 x100 – Court Certified
- True Purpose Ministries – 865-681-4861 – Court Certified
- Anger Management @ Recovery Education Center – 865-374-7151

Autism Support Group For parents of Children with Special Needs - 865-983-2080

Bipolar Support Group Knoxville - Laura 865-545-3008


Caregiver Support Group for any adult caring for another adult 865-977-5744

Celebrate Recovery has a variety of Support Groups: Co-dependency; Chemical Dependency: Men Only or Women Only; Family Support; Sexual Integrity for Men, Grief and Loss, Precovery (age 5-11), etc. Go to www.celebraterecovery.com to “Find a Group” near you, or
- Recovery @ Maryville 865-982-1273 - www.RecoveryatMaryville.com
- RIO (Maryville) 865-659-5800
- Recovery @ Cokesbury (Knoxville) 865-246-0445 – www.RecoveryatCokesbury.com

Divorce Support Group – 865-982-6070 – Spring and Fall Sessions

Domestic Violence Support Group – women only 865-982-1087; www.havenhousetennessee.org

Eating Disorders – Moonpointe – 865-622-7116 - separate Support Groups for the person with eating disorders and the family members of that person – www.focustreatmentcenters.com

Gambling – 865-541-6676 ext 3018, Helen Ross McNabb Center

Grief Support Group information numbers
- For Widows and Widowers
  - Adult Grief Group with Emily 865-977-5702
  - Adult Grief Group with Alice 865-856-2570
  - Care and Share with Lisa 865-983-1000 – first Wednesday monthly
  - Gift of Grief 865-982-6070 –third Thursday monthly
- Compassionate Friends - Parents who have lost a child at any age 865-984-4223,
  - tfcothills@bmnet.com, www.compassionatefriends.com
- Mane Support – 865-233-3090 www.manesupport.org - No Riding – for Grievers of all ages
- Suicide Grievers Support Group – for family and friends 865-671-9631 - Knoxville
- Survivors of Suicide – for those left behind 865-984-4223 - Maryville, sos@bmnet.com

Men’s Sexual Abuse and/or Assault Survivors – Sexual Assault Center – 865-558-9040 (led by a male)

Parents of Adult Children Support Group – 865-984-4223, pac@bmnet.com

Parents of Special Needs Children – Dream New Dreams – 983-2080

Stroke Survivors Support Group – 865-980-7140 – at Springbrook

With Hope in Mind (NAMI Maryville) – for caregivers of the mentally ill - 865-579-5165 (Kim)

Wellness Recovery Center – Mental Health Classes and Activities for Adults. Free Transport 379-6030
Crisis Hotlines
1-855-CRISIS-1 (1-855-274-7471) – Mental Health and Substance Use Crisis Services in TN
1-800-SUICIDE (1-800-784-2433) – www.JasonFoundation.com
Adult Mobile Crisis 865-539-2409
Youth Mobile Crisis 866-791-9224
Child Abuse and Neglect Reporting Hotline 1-877-237-0004
Contact CareLine of East TN 865-584-4424 (8am – 11pm)
Domestic Violence – Haven House – Maryville 865-982-1087 www.havenhousetennessee.org
Family Promise – Shelter for Homeless Families 865-233-4737 www.blountfamilypromise.org
Pregnant Teens 865-602-2956 – ask for Richelle
Runaway Hotline 1-800-run-away (1-800-786-2929) – www.1800runaway.org
Sexual Assault Center – Crisis Line 1-865-522-7273 - www.sacetn.org 865-558-9040 info line
Self Injury – 1-800-DONTCUT (800-366-8288) – www.selfinjury.com
Teen Suicide – Text “Life” to “839863” or go to www.txt4life.org or call 1-800-273-8255
Veterans Crisis Line – 1-800-273-8255 – www.maketheconnection.net

Advocacy Help-lines and Other Resources
Adult Protective Services 865-594-5685
Bipolar (DBSA = Depression and Bipolar Support Alliance) – www.dbsalliance.org – 865-826-3632
Bullying – www.stopbullying.gov or www.findyouthinfo.gov
Child Protective Services 1-877-237-0004
ChildNet – counseling and psychiatric medications for ages 2-18 - 865-681-6990
Child and Family Services – Blount County - has a variety of free services: Therapy, Parenting,
Child Abuse, Substance Abuse, Domestic Violence, etc. - 865-983-9390
Child and Family Services - Knox County 865-524-7483
Mental Health Association of East Tennessee – provides free screenings, workplace
programs, free speakers, and technical assistance 865-584-9125 – www.mhaet.com
National Alliance on Mental Illness (NAMI) – www.namitn.org
Maryville – 865-579-5165; or Knoxville – 865-602-7807
Substance Abuse and Treatment Referral Information 1-800-662-4357
Surviving Suicide Loss – American Foundation for Suicide Prevention – 1-888-333-AFSP (2377)
– www.afsp.org
Teen Suicide Prevention – 1-800-SUI-CIDE (1-800-784-2433) – www.JasonFoundation.com
Tennessee Mental Health Consumers Association 1-888-539-0393 - www.tmhca-tn.org
Tennessee REDLINE – 1-800-889-9789 – Addiction Treatment Referral Line
TN Voices for Children 865-523-0701- www.TNvoices.org
True Purpose Ministries – 865-681-4861 – Christian-based Male Residential, learn a trade –
www.truepurposeministries.com
Veterans – Homeless – 1-800-VET-HELP (1-800-838-4357)
Youth Topics – www.findyouthinfo.gov – 20 topics with information and links

September, 2013 - Disclaimer: This listing is not guaranteed to be comprehensive of behavioral health support services in the Blount County, Tennessee area. If you know of a service that should be listed in the future, please call 865-981-2300 Emotional Health and Recovery Center at Blount Memorial Hospital.