### Mental Health Resource Directory - Blount County

**Revised March, 2014**

**Crisis Telephone Numbers**

- Suicide Prevention, 1-800-273-TALK (8255) - Tennessee Suicide Prevention Network: [www.TSPN.org](http://www.TSPN.org)
- Teen Suicide Prevention, 1-800-SUICIDE (784-2433) : [www.LasonFoundation.com](http://www.LasonFoundation.com)
- Veterans Crisis Line - 1-800-273-8255; [www.maketheconnection.net](http://www.maketheconnection.net)
- Crisis Stabilization Unit (CSU), or Medically Monitored Crisis Detox, 865-541-6958
- Mobile Crisis Unit, 865-539-2409 or toll free 1-855-CRISI S-1 (1-855-274-7471)
- Youth Mobile Crisis, 865-539-2409 or toll free 1-855-CRISI S-1 (1-855-274-7471)
- CONTACT CareLine, 865-584-4424, 8 am – 11 pm
- Haven House, Domestic Violence Shelter, 865-982-1087; [www.havenhousetennessee.org](http://www.havenhousetennessee.org), Supt Group for Domestic Violence open to public
- Blount Memorial Emotional Health & Recovery Center, 865-981-2300, 907 E. Lamar Alexander Pkwy, Maryville, TN 37804
- Self Injury and Cutting, 1-800-DONTCUT (366-8288) or [www.selfinjury.com](http://www.selfinjury.com)

**Mental Health Advocacy and Mental Health Education Resources**

- With Hope in Mind, NAMI of Blount County, 865-406-4809 or 865-455-6442; [www.namitn.org](http://www.namitn.org)
- Blount Memorial Senior Services, 865-977-5744, Maryville, TN
- Mental Health Association of East Tennessee, 865-584-9125, Knoxville, TN; [www.mhaet.org](http://www.mhaet.org)

**Community Resources**

- Blount County Health Department, 865-983-4582, 302 McGhee St, Maryville, TN 37801
- Children's Advocacy Center New Hope - victims of sexual & physical abuse & non offending family members, 865-981-2000; [www.blountkids.org](http://www.blountkids.org)
- Eating Disorders - Knoxville Support Group, Moonpointe - 1-800-675-2041; [www.FocusCenterforEatingDisorders.com](http://www.FocusCenterforEatingDisorders.com)
- Mane Support – Equine Assisted Counseling – all ages, 865-233-3090, 2919 Davis Ford Rd, MV TN 37804; [www.manesupport.org](http://www.manesupport.org)
- Peer Support Center & WRAP (thru Peninsula) - 865-379-6030; 532 W Broadway, Maryville, TN

**Alcohol & Drug Information and Support Groups**

- Alcoholics Anonymous, Hotline 865-522-9667, [www.aa.org](http://www.aa.org) or [www.etiaa.org](http://www.etiaa.org)
- Metropolitan Drug Commission, Knoxville, TN, 865-588-5550; [www.metrodrug.org](http://www.metrodrug.org)
- Substance Abuse and Treatment Referral Information, 1-800-662-4357

**Suicide Support Groups**

- Knoxville Suicide Grievers Support Group (Knox Chapter SOS), P.J. Alexander, LCSW, facilitator, 865-671-9631
- Suicide Survivors Support Group of Blount County, Barbara Lasater, LMFT, facilitator, 865-984-4223

**Hospitals**

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<td>The Village, Residential (13 – 17 years old) 2431 Jones Bend Road, Louisville, TN 37777, Hotline 800-255-TEEN (8336) <a href="http://www.acadiahealthcare.com">www.acadiahealthcare.com</a></td>
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**Alcohol & Drug Treatment - Adult**

- Blount Memorial Emotional Health & Recovery Center (IP & OP) 907 E. Lamar Alexander Pkwy, Maryville, TN, 865-981-2300
- Child & Family, Intensive Outpatient (Men's and Women's Classes); 357 Ellis Ave., Maryville, TN, 865-983-9390; Some FREE GRANTS
- Cornerstone of Recovery, Residential (IP) 1214 Topside Road, Maryville, TN 37777, 865-970-7747 [www.cornerstoneofrecovery.com](http://www.cornerstoneofrecovery.com)
- The Next Door, Transitional Housing/Treatment for women coming from incarceration, Knoxville, 865-934-2890, [www.thenextdoor.org](http://www.thenextdoor.org)
- Addiction Recovery Center, IOP, Florence Crittenton, 1531 Dick Lonas Rd., Knoxville, TN 865-602-2956, [www.frcknox.org](http://www.frcknox.org)

**Alcohol & Drug Treatment - Adolescents**

- Gateway Center, Helen Ross McNabb Center, Residential – Males Only 3845 Holston College Road, Louisville, TN 37777, 865-524-5757
- Helen Ross McNabb Center, IOP 600 Arthur St, Knoxville, TN 37921, 865-523-8695; Some FREE GRANTS

**Mental Health Centers**

- *Cherokee Health System*, 255 E Watt Rd., Alcoa, TN 37701 865-380-4390 (age 5 and up) *Mental Health Safety Net Provider
- *Helen Ross McNabb Center*, 1704 E Broadway Ave, Maryville, TN 37804, 865-681-6990 (age 2 and up) *Mental Health Safety Net Provider
- *Peninsula Outpatient Center*, 210 Simmons Street, Maryville, TN 37801, 865-970-9800 (age 5 and up) *Mental Health Safety Net Provider

**Psychiatrists**

- Dr. David Snow and Linda Cabage, Psych NP, 659 Morganton Square Drive, Maryville, TN 37803 865-984-9933
- *Helen Ross McNabb Center*, 1704 E Broadway Ave, Maryville, TN 37804, 865-681-6990 *Mental Health Safety Net Provider
- Parkway Psychiatric Service, Blount Memorial Hospital - Drs. Gubatan, Karthi, Miller, Naramore, Wood 451 BMH POB, MV, TN 37804, 865-980-5377
- *Peninsula Outpatient Center*, 210 Simmons Street, Maryville, TN 37801, 865-970-9800 *Mental Health Safety Net Provider
Family and friends SHOULD remove and SECURE all lethal means (guns, knives, pills) from all persons (and households) who have attempted suicide to help prevent further attempts.

Disclaimer: This listing is not guaranteed to be comprehensive of mental health practitioners in Blount County, Tennessee. If you or someone you know should be listed in the future, please call 865-981-2300 Emotional Health and Recovery Center at Blount Memorial Hospital.